

CONTACT US TODAY TO LEARN  
HOW YOU CAN HELP  
OR HOW WE CAN HELP YOU!



**Center FOR  
Independent Living**  
OF NORTH CENTRAL FLORIDA

**EMPOWERING INDIVIDUALS  
WITH DISABILITIES**

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SERVING 16 COUNTIES IN NORTH CENTRAL FLORIDA  
STAFFED & GOVERNED BY A MAJORITY OF PERSONS  
LIVING WITH DISABILITIES



**EMPOWERING  
INDIVIDUALS  
WITH DISABILITIES**





Persons with disabilities **who do not** receive a ramp often:

- lead lives of immense isolation
- cannot get out of their homes for regular medical care
- are unable to participate in community activities
- sustain negative impacts on their emotional well-being
- experience restricted independence

In addition, the lack of a ramp can increase the stress and safety risks of family members and other caregivers and increase health costs for all community residents.



The CILNCF receives numerous requests each year for financial and construction assistance to build ramps. This includes children, adults and the ever-growing senior population; all of which are individuals with disabilities.

Currently, there's little, if any, financial or construction assistance available in your community. Ramps cost between \$400 and \$3,000 to build, which for the many individuals on fixed incomes is more than they can afford.

**Ways that you, your business or organization can make a difference in the lives of your neighbors:**

**Adopt-A-Ramp:** Sponsor a ramp building project by raising or donating funds to buy materials and assist in the construction of the ramp.

**Volunteer** your time and energy to assist in building a ramp (no experience necessary).

**Volunteer as a Site Contractor** to provide supervision of ramp construction and the tools necessary to build the ramp (contractors license or prior construction experience preferred).

**Financial Donations** to support the Building Ramps, Building Lives! Ramp Program. All donations are for the purchase of ramp materials only.

**Providing Lunch** for Ramp Building Volunteers (weekends).